How we prevent bullying

- A consistently applied behaviour policy
- Effective PSHE programmes
- Effective supervision of pupils
- Safe and stimulating grounds to promote co-operative play
- Clear communication of this policy to pupils and adults
- Consistently followed procedures to deal with bullying
- Regular circle time for pupils to raise issues of concern

How we deal with bullying when it occurs

- Staff will listen to children or adults Carefully, give re-assurance and treat the problem seriously.
- There will be a thorough but sensitive investigation by a teacher involving a range of witnesses
- Incidents will be recorded
- If bullying has occurred the Headteacher will be informed.
- Parents of the victim and those responsible will be briefed about the problem and the school's response.

 A plan will be agreed which could involve an apology; sanctions; a managed meeting between victim and bully; a monitoring programme and review meetings.

How can parents help?

 If your child is a victim assure them that it's not their fault and that you are going to help stop the bullying.



- If you believe your child is being builled see your child's teacher or the Headteacher. It's a school based problem. Do not contact the families of other children involved at this stage.
- Approach the issue as a problem to be solved. Working calmly with the school will resolve the problem more quickly.
- The following organisations can

Offer supports:

Childline: 0800 1111
Anti-bullying Campaign: 0207 3 781446
SHARE: 0800 181033
The Samaritans: 01872 277277
Youth Conselling Service: 0800 181033



We don't tolerate bullying in our school

Four O'Clock Friday

Four o'Clock Friday, I'm home at last Time to forget the week that has passed.

On Monday at break they stole my ball And threw it over the playground wall.

On Tuesday morning I came in late
But they were waiting behind the gate.

On Wednesday afternoon in games
They threw mud at me 4 Called me names.

Yesterday they laughed after the test 'Cause my marks were lower than the rest.

Today they trampled my books on the floor And I was kept in because I swore.

Four o'Clock Friday, at last I'm free For two whole days they can't get at mel

By Derek Stuart

A definition of bullying

The poem reminds us of the misery that bullying can cause.

Unfortunately, from time to time, people are the victims of bullying. It happens in the home and workplace as well as in the playground.

Bullying Can include any sort of repeated physical, verbal or emotional intimidation of one person by another or a group eg teasing, name Calling, excluding, intimidation etc

The aim of the bully is to exert power and to abuse. It leaves the victim feeling hurt, anxious, afraid or excluded. Typically children feel reluctant to come to school and may become withdrawn or uncharacteristically aggressive.

<u>Such behaviour by any member of the</u> school community is unacceptable. No person has the right to make another feel uncomfortable or unhappy.

The Aims of our Policy

- To educate pupils and adults about the problem.
- To prevent bullying from happening in this school.
- To deal with bullying swiftly and effectively when it occurs

Educating pupils and adults about the problem

This will be done through our Personal, Social and Health Education (PSHE) programme in the classrooms and during assemblies.

It will also be discussed as it emerges during our regular circle time sessions. Role play, case studies and discussion will be used. Children will be encouraged to express their feelings through poetry, art and drama.

They will learn how to avoid getting bullied and how to get help if it happens to them.