WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026									
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	OPTION	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Battered Pollock with Chips			
HOT DISHES	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges 🔮	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips			
-	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta			
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD							
ES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap			

DELI DISI OPTION

Egg Mayonnaise **Ham Sandwich** Sandwich

Cheese Sandwich

Tuna Mayonnaise Sandwich

Cheese Sandwich

OR

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate Marble Cake Apple Crumble with Custard

Lemon Cookie

Crunchy Chocolate Mousse

Fruits of the **Forest Jelly**



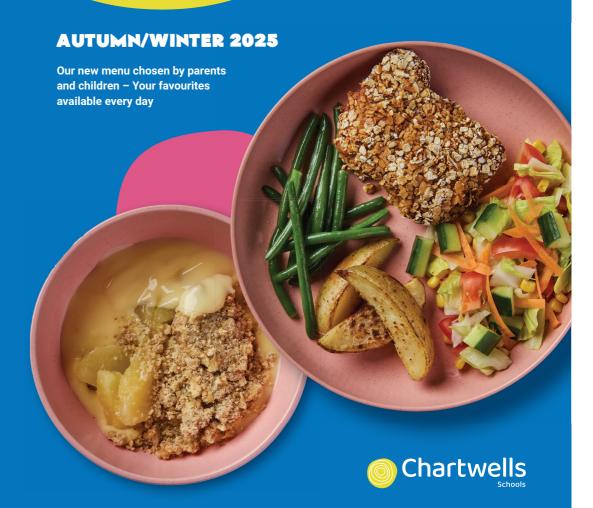


AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu_101_009028

THREE MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY OPTION Cheese and **Beef Bolognese Roast Chicken** West African **Fish Fingers** Tomato Pizza with Wholewheat with Roast Vegetable Rice with Potato with Chips Pasta 🐲 🤫 Potatoes and Gravy Wedges 🔮 HOT DISHES OR OPTION **BBQ Vegetable** Vegetarian **Roast Quorn** Cheesy Wrap Bolognese with Roast Vegetable **Quorn Dippers** with Potato with Wholewheat Hotpot Potatoes and Gravy with Chips 😗 Pasta 💿 🐲 🤫 Wedges o 🦁 V OR Tomato Pasta Tomato Pasta **Tomato Pasta** Tomato Pasta **Tomato Pasta** OPTION Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade Tomato Sauce with Penne Pasta O Penne Pasta HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD **OPTION** Cheese and Cheese and Tuna Wrap Ham Wrap **Ham Wrap** DELI DISHES Tomato Wrap **Tomato Wrap** V V OR OR OR OR OPTION Tuna Egg Mayonnaise Cheese Cheese **Ham Sandwich** Mayonnaise Sandwich Sandwich Sandwich Sandwich V V V DELI DISHES ARE SERVED WITH MIXED SALAD Strawberry **Crunchy Apple** Shortcake Oat Cookie Apple Crumble **Berry Blondie** Slice DESSERT Mousse with Custard 6 **T** ď **BAKED POTATOES SERVED DAILY AVAILABLE DAILY** With a choice of toppings V 🚸



W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/202

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
HOT DISHES	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	Quorn and Vegetable Tikka Masala with Wholegrain Rice 🔇 🐞	Battered Pollock with Chips		
	option 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy •	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips 🕥		
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta		
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED B								
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap		
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich		



Chocolate **Caramel Crunch** DESSERT

Flapjack

Apple and Chocolate Golden Syrup Brownie Sponge ď with Custard

Chocolate Cookie VIII



BAKED POTATOES SERVED DAILY With a choice of toppings 💟 🚸



AVAILABLE DAILY

🤍 Vegetarian 🥦 Vegan 🔅 Oily Fish 😻 Wholegrain 🍎 Fruity! 💖 Nutritionist's Choice

🔻 Vegetarian 👨 Vegan 🚸 Oily Fish 😻 Wholegrain 🀞 Fruity! 💖 Nutritionist's Choice