



	Monday	Tuesday	Wednesday	Thursday - allergy aware	Friday		
MEA	WEEK 1 - 02/11/2020, 23/11/2020, 14/12/2020, 18/01/2021, 08/02/2021, 08/03/2021, 29/03/2021						
410	Cheese and Tomato Pizza with Potato Salad	Beef Burger in a Bap with Tomato Relish with Potato Wedges	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Chicken Curry with Rice	Fish Fingers with Tomato Ketchup and Chips or Pasta		
	BBQ Bean Wraps	Tomato & Basil Pasta	Vegetable Crumble and Roast Potatoes	Jacket Potato with a Choice of Fillings	Tomato and Basil Pinwheel . with Chips or Pasta		
	Sweetcorn & Peas	Coleslaw & Green Beans	Carrots & Cauliflower	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans		
A	Lemon Drizzle Cake with Vanilla Sauce	Chewy Chocolate Cookie with Fruit Slices	✓ Vanilla Ice Cream with Peach Compote	Orange Fruity Jelly	Fruity Apricot Flapjack		

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MEAL	FREE	WEEK 2 - 09/11/2020, 30/11/2020, 04/01/2021, 25/01/2021, 22/02/2021, 15/03/2021					
MO	Macaroni Cheese	Lasagne with Garlic Bread	Roast Chicken Fillet with Roast Potatoes, Stuffing and Gravy	Mild Beef Chili with Rice	Battered Fish Fillet with Tomato Ketchup and Chips or Pasta		
	Vegetarian Hot Dog in a Roll with Potato Wedges	Vegetarian Bolognese with Penne Pasta V	Vegetarian Sausage Roll with Roast Potatoes	Jacket Potato with a Choice of Fillings	Cheese and Tomato Quiche with Chips or Pasta		
	Peas & Coleslaw	Broccoli & Sweetcorn	Green Cabbage & Carrots	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans		
	Toffee Apple Sponge with Custard	Easiyo Strawberry Mousse	Chocolate Krispie Cake	Banana Cake with Custard	Custard Biscuit with Apple Slices		

MEAT	WEEK 3 - 16/11/2020, 07/12/2020, 11/01/2021, 01/02/2021, 01/03/2021, 22/03/2021					
Mo	Cheese and Vegetable Pizza served with Potato Wedges	Sausage and Mash . with Gravy	Roast Pork with Roast Potatoes and Gravy	BBQ Chicken with Vegetable Rice	Fish Fingers or Salmon Fish Fingers with Tomato Ketchup and Chips or Pasta	
2020-2021 - Corrwall Blackwater	Sweet & Sour Vegetables, with Noodles	Vegetable and Bean Stew with Mashed Potato V	Cauliflower and Brocolli Bake with Roast Potatoes	Jacket Potato with a Choice of Fillings	Vegetable Sausage Turnover with Chips or Pasta	
	Peas & Sweetcorn	Green Beans & Cauliflower	Carrots & Broccoli	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans	
	Apple and Ginger Cake with Vanilla Sauce	Vanilla Muffin with Mixed Fruit Compote	Vanilla Ice Cream with Red Berry Sauce	Strawberry & Peach Fruit Jelly	Oatie Cookie with Fruit Slices	

Served Daily

Freshly Baked Bread

Mixed Salads

Seasonal Fruit Platter

EasiYo Yoghurt









Dishes which contain an extra half portion of vegetables (in addition to the vegetables and salads served as an accompaniment with every meal!)