



Kea Community Primary School

A GREAT PLACE TO LEARN AND MAKE FRIENDS

Home Learning-Afternoon Activities

Week beginning: Monday 13th July

Subject R.E.

Question:



What do Sikhs believe?

Introduction

Younger Children and Older Children

Task one:

Read the BBC Bitesize lesson about Sikhism. Look at the pictures, complete the activities and do the quiz.

<https://www.bbc.co.uk/bitesize/topics/zsjpyrd/articles/zkjpkmn>

Watch the video about the 5Ks of Sikhism. Design a poster to illustrate the 5Ks / show what you have learned.

<https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-five-ks-of-sikhism/znbhf4j>

Extension task:

A religious story Religious festivals often start with an old story. Here is the story of how the Guru started the Khalsa over 300 years ago.

<https://www.bbc.co.uk/programmes/p02mx6vs>

The story is told using shadow puppets. The tradition of using shadow puppets goes back to long before there were videos and TVs, but it is still fun today.

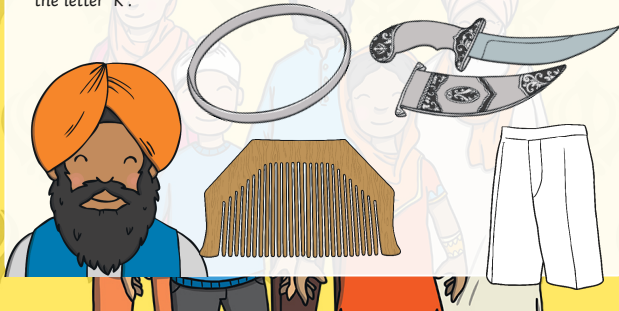
Use a black felt pen or a pencil to draw two scenes from the story here, in shadow puppet style.

Older children: One scene should be called 'danger' and the other 'commitment'

The Five Ks

All men and women who belong to the Khalsa must wear five symbols which shows they are Sikh.

They are called the five Ks because in Punjabi their names all begin with the letter 'K'.



Kesh

Kesh means hair.

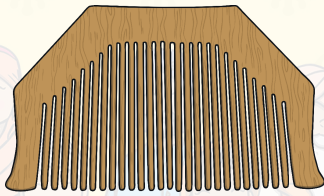
Sikhs make a promise to not cut their hair but let it grow as a symbol of their faith.

Sikhs hair gets very long during their life so they wear a turban to keep it tidy.

They believe this demonstrates their obedience to God.



Kangha

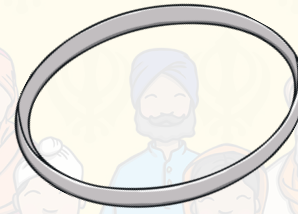


The Kangha is a small wooden comb.

Sikhs use this to keep their hair in place and it is a symbol of cleanliness.

Combing their hair reminds Sikhs that their lives should be tidy and organised.

The Kara

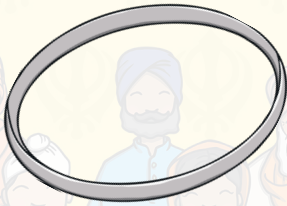


The Kara is a steel bangle worn on the arm of Sikhs.

It is a continuous circle with no beginning and no end.

It reminds Sikhs to behave well, follow their faith and restrain from doing wrong.

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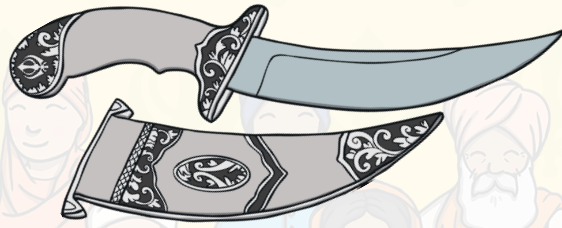
The Kachera



The Kachera are short trousers worn as underwear. These are more practical than long loose clothes most people in India wore at the time of Guru Gobind Singh.

They are a symbol of leaving old ideas behind and following new better ones.

The Kirpan



The Kirpan is a warrior's sword. These days a very tiny one is worn as a symbol of dignity and self respect.

It reminds Sikhs that they must fight a spiritual battle, defending what is right and upholding the truth.

The last two are a reminder that Sikhs are warriors and should always fight for what is right.